Appendix C: Checklist and Worksheets for Getting Started

A Step-by-Step Guide to Get Your School Garden Growing

This is a checklist of tasks that will help you to create a sustainable school garden project in NYC. Each major task is accompanied by a worksheet within this guide.

To make this guide work for you, we recommend assigning a point person for each task. Write that person's name into the "Person Responsible" column of the guide and give her/him the accompanying worksheet. If you need support along the way, please visit our website www.grownyc.org or contact us at schoolgardens@grownyc.org, (212) 788-7900.

STEP 1: BUILD COMMUNITY SUPPORT

Task		Person Responsible
	Recruit school garden committee members (see Worksheet 3	•
	below). In order to register your garden with GrowNYC School	
	Gardens, your committee should include:	
	☐ Principal	
	☐ Assistant Principal	
	☐ Custodian Engineer	
	☐ 2 teachers (minimum)	
	2 other school community members (minimum)	
	Join the NYC Youth and School Gardens Google Group; sign up	
	for the GrowNYC Education newsletter; and follow @GrowNYC on	
	Facebook, Instagram, and Twitter	
	Plan a site visit to a school garden and/or community garden	
	near you. (Worksheet 1)	
	Learn about greening organizations right here in NYC and what	
	resources they might have for your school garden. Report back	
	to your garden committee. Here are a few great ones:	
	☐ GreenThumb	
	□ New York, Queens, and Brooklyn Botanic(al) Gardens	
	□ New York City Compost Project	
	Schedule a school garden committee meeting. Start planning a	
	season in advance! If you want to garden in the spring, schedule	
	a meeting in the fall. If you want to garden in the fall, schedule a	
	meeting in the spring.	



STEP 2: CREATE A SHARED VISION

Task		Person Responsible
	Meet with your school garden committee and talk about goals	
	and future plans for your garden. (Worksheets 2 and 3 below)	
	Draft a letter of support for the garden and have your principal or	
	administration sign it. Use this as an opportunity to put your	
	goals in writing! (here's a template for the letter of support)	
	Find a school garden curriculum that fits your school's garden	
	goals. Learn about:	
	□ NY Agriculture in the Classroom (all grades)	
	□ Nourish (middle school)	
	☐ Edible Schoolyard NYC (elementary and middle school)	
	☐ Inquiry based learning (all grades!)	

STEP 3: PLAN AND DESIGN YOUR GARDEN

Task – Select Garden Type and Site	Person Responsible
☐ Locate the sunny areas at your seplants need about 8 hours of sun produce fruit and at least 4 to pro	light each day in order to
☐ Locate all available water source hydrant access. Contact our team permit.	s. As a last resort, consider
Learn about different types of gai Raised beds (can be built grass) Sub-irrigated planters Hydroponics and/or aqua Living walls Greenhouse Rooftop	on concrete, pavement, or

Task— Create a Garden Map	Person Responsible
☐ Draw a school garden map, indicating current or planned	
location of:	
☐ Cardinal directions	
☐ Water source	
□ Dimensions of beds and garden space	
☐ Surrounding buildings, fences, streets, trees, shrubs,	
and other objects	
☐ Entrances and exits	



Task-	- Test your Soil (if you'll be working with ground soil at all)	Person Responsible
	Cornell, Brooklyn College Urban Soils Lab, and UMass Amherst	
	will all test soil for a small fee. Collect samples and mail them in	
	to test for heavy metals, soil pH, and standard nutrients.	
Tack	- Make a school garden supply list	
		Person Responsible
	Take an inventory of all garden equipment already at the school.	
	Make a list of needed tools and materials. (Worksheet 4)	
	Find a place where you will be able to store garden equipment	
	after you have purchased it. Consider building a shed with a	
	rainwater harvesting system.	
	-Make a timeline (Worksheet 5)	Person Responsible
	Schedule regular garden committee meetings. (Worksheet 6)	
	Set date for workday to build beds, move soil, etc.	
	Set date for ribbon cutting ceremony, if you plan to have one.	
	Tell students, faculty, and staff about the garden and get their	
_	input. Invite them to the workday.	
	Create a planting schedule with what to plant when.	
	Research school garden professional development	
	opportunities in your community and schedule your teachers	
	and garden committee members to attend. Learn about professional development at:	
	☐ GrowNYC Education events calendar	
	☐ GreenThumb	
	☐ Bronx, Brooklyn and Queens Botanic(al) Gardens	
	☐ Edible Schoolyard	
	☐ Agriculture in the Classroom	
	☐ The Horticultural Society of New York	
	☐ Just Food	



☐ Farm School NYC

for a set amount of time.

(Worksheet 7)

☐ Create and fill a class-use and maintenance schedule.

☐ Decide on a summer maintenance plan. Note: Planting a cover crop for the summer when you're not there counts as a great plan! Or, different volunteers can sign up to "adopt" the garden

STEP 4: REGISTER YOUR SCHOOL GARDEN

Task		Person Responsible
	Collect the first and last names, email addresses, and phone	
	numbers of garden committee members.	
	Go to grownyc.org/school-gardens and click "Register". That will	
	take you to a full listing of DOE public and charter schools. Find	
	your school and click the "Select" button. That will take you to	
	our registration page. You will first fill out your log in and	
	contact info.	
	Email schoolgardens@grownyc.org if you don't know the login	
	info or can't find your school.	
	Go to the "Register" page and log in.	
	Add in contact information for the rest of your garden committee	
	by clicking "Add New Participant"	
	☐ Each garden contact can use his/her email address with	
	your password to log in to the registration	
	 You can always edit the contacts in your committee by 	
	clicking the "Edit" button next to each name.	
	Click "Enter a New Registration" to start your registration form	
	Fill out the relevant information for your school garden.	
	☐ Remember to click "Save Registration" after each section	
	to save your work. (Note: clicking "Save Registration"	
	does not mean your registration has been completed).	
	☐ You can always edit your registration form by clicking the	
	"Edit" button next to your registration.	
	Upload these documents into your registration	
	☐ Signed Letter of Support from your school Administration	
	(such as Principal or Assistant Principal) on school	
	letterhead (here's a template for the letter of support)	
	☐ Garden Map (if you have one)	
	When your registration is complete, click the box that says	
	"Garden Registration is Completed"	
	Schools must log into their registration page once a year to re-	
	register.	
	☐ Click the "Add New Registration" button.	
	☐ A new registration form will generate with most of your	
	garden information pre-filled. Check that the information	
	provided is still correct, add in any new changes and	
	click "Garden Registration is Completed" Email any questions to schoolgardens@grownyc.org .	
	Linal any questions to <u>schoolgaldens@grownyc.org.</u>	



STEP 5: SECURE MATERIALS AND RESOURCES FOR YOUR GARDEN

Task		Person Responsible		
	Find community partners and organizations that can donate			
	resources (show them your materials list and see how they can			
	help). (Worksheet 8)			
	Create a budget. (See Appendix D for sample budgets) Consider			
	the following categories for your budget:			
	☐ Materials for beds			
	☐ Fencing			
	☐ Planting containers			
	☐ Soil and fertilizer			
	☐ Mulch/Woodchips			
	☐ Gardening tools			
	☐ For students			
	☐ For teachers			
	☐ Watering/Irrigation			
	☐ Seeds/plants/seedlings			
	□ Education curriculum and resources			
	□ Professional development for teachers			
	☐ Materials for outdoor classroom (tables, chairs, clip			
	boards, etc.)			
	Make a fundraising plan. (Worksheet 9)			
	Place order for soil, seeds, and/or starter plants. Make sure to			
	check the Grow to Learn calendar for seed and seedling			
	giveaways. You may be able to get these materials for free!			
	Place order for garden tools and supplies.			

NEXT STEPS: ONCE YOUR GARDEN IS UP AND GROWING...

Task		Person Responsible
	Make a garden sign and plant labels to teach the community	
	about your garden.	
	Create a list of garden rules that reflect your garden goals and	
	school culture.	
	Host ribbon cutting ceremony. Invite your community and, if	
	you're up for it, the press.	



WORKSHEET 1: Visit school gardens and/or community gardens near you.

Address

Instructions and Notes: Make a list of school and community gardens near you. Then visit some of those gardens to get inspiration for your own garden project. Find community gardens by searching on GreenThumb: https://greenthumb.nycgovparks.org/gardensearch.php

You can also contact us at schoolgardens@grownyc.org and we can look for other schools with gardens near you!

Contact

Phone/Email

Visit a garden, take note	es, make sketches, an	d take pictures	(if allowed):	
Garden Name				
Address				
Contact Person				
Telephone Number				
Email Address				
Appointment Date and	Time			
Helpful tips from garder	ı visit:			
1				
2				
3				



Garden

WORKSHEET 2: Develop a school garden committee

Recruit garden committee members and define their roles. In order to be eligible for GrowNYC resources and apply for a Mini-Grant, your school garden committee must include the seven starred committee members as listed below. For your co-coordinators, consider school sustainability coordinators, wellness council members, school librarians, community gardeners, farmers, custodians, cafeteria staff, parents, and students.

POSITION	NAME	ROLE IN THE GARDEN	PHONE NUMBER	E-MAIL
*Principal				
*Asst. Principal				
*Custodial				
Engineer				
*Teacher 1				
*Teacher 2				
*Coordinator 1				
*Coordinator 2				
Additional				
member (optional)				
Additional				
member (optional)				
Additional				
member (optional)				

Important considerations:

- Who will be the committee leader?
- Where will meetings take place?
- How often will meetings be held?
- How will communication happen between meetings? Email? Google Group? Private Facebook page?

Need help defining school garden committee roles? Check out these links for ideas and suggestions: <u>Kids Gardening- Forming a Garden Committee</u> Eartheasy- How to Start a School Garden: Your Complete Guide



WORKSHEET 3: Create school garden vision.

Instructions and Notes: Answer the following questions with your school garden committee. This worksheet can be used as an agenda for your first school garden committee meeting.

What are our school garden goals? Why do we w	ant to have a garden at our school?
Where might we want to place our garden? Brainstorm all possible locations, indoor and outdoor.	Notes:
Which classes/grades will work in the garden? Which subjects will we teach in the garden? Check all that apply and write in the name of a teacher who teaches that subject and might want to get involved. Subjects: Math Science History ESL Art Nutrition English Language Arts Foreign Language Physical Education Social Studies	Notes:



Grades:	
You can use your garden to teach one or all of the	ese subjects.
What is the educational theme of our garden? Check all that apply. Feel free to add in your own ideas. Common Garden themes: Edible Alphabet Herb Heirloom Flower Nutrition and Health Rain Garden Pizza Butterfly Sensory	Notes:
Mix and match themes.	
How will we involve the community? Special Ever	
If the garden is doing well, do we want to expand? How? Feel free to add in your own ideas. Composting system Lunchroom composting Outdoor classroom Garden club Summer garden program Chickens Garden to School Café After school programming Rainwater harvesting	Notes:



WORKSHEET 4: Draft a principal's letter of support for the garden and have your principal sign it.

Instructions and Notes: You will need a signed letter of support from your principal or assistant principal on official school letterhead in order to register with GrowNYC School Gardens. Here is a sample template which you can feel free to use as-is or modify:

[INSERT OFFICIAL SCHOOL LETTERHEAD]

[Date]

GrowNYC 100 Gold Street, Suite 3300 New York, NY 10038

Dear GrowNYC,

I proudly write this letter in support and approval of the school garden/outdoor learning project here at [insert school].

[OPTIONAL narrative:

- Our school goal is to form a shared garden space that will serve as a partnership with our community
- We would like to partner with organizations for outdoor learning and urban farming
- students will have a hands-on approach to nature and the environment that they live in
- will problem solve and develop strategies to improve their community and to protect the climate
- learn to respect the environment and improve their health through growing vegetables and plants
- the students will take care of the garden and the outdoor space

Our garden will serve as an important communal space for student well-being and as an educational space to explore topics such as agriculture, food access, nutrition, science, climate, sustainability, art and other curricular goals.

I am excited to be a part of this network, and a part of the larger movement for school gardens in New York City and abroad.]

Sincerely,

[Principal Signature]

[Principal Name]



WORKSHEET 5: Create a garden materials list.

Instructions and Notes: Here is a list of common garden needs. Check off everything that you want to have (immediately or in the future). When you create your budget, write in all of your immediate needs and then add in the other items as your budget allows. Later you can approach local hardware stores and nurseries for donations.

SCHOOL GARDEN WISHLIST					
☐ Growing media	☐ Mulch (often used in walkways)				
□ Soil					
□ Compost					
☐ Materials for beds	☐ Containers				
☐ Lumber	☐ Stock tanks				
☐ Screws/Nails	☐ Cedar planters				
☐ Landscape fabric/weed	☐ ½ Wine barrels				
barrier	☐ Buckets				
☐ Adult Tools	☐ Kids' Tools				
☐ Garden rake	☐ Kids' gloves				
☐ Spading fork	☐ Kids' shovels				
☐ Cultivator	☐ Kids' hoes				
☐ Hand trowel	☐ Kids' steel rakes				
☐ Hoe	☐ Kids' leaf rakes				
☐ Pruners	☐ Kids' hand trowels				
☐ Spade shovel					
☐ Wheelbarrow					
☐ Seeds and Plants	□ Water				
☐ Seed packets	□ Rain barrel				
☐ Fruit Trees	☐ Hose				
☐ Herbs	☐ Hose caddy				
☐ Perennials	☐ Spray nozzle				
☐ Plant starts	☐ Water wand				
□ Bulbs	□ Watering cans				
☐ Cover crops (for the winter)					
☐ Supports (for tomato and other plants)	☐ Instructional materials				
☐ Fencing	□ butterfly nets				
☐ Soil test kit	☐ magnifying glasses				
	☐ insect collection boxes and jars				



WORKSHEET 6: Make a timeline for your garden committee and schedule monthly meetings. Figure out who will do what when!

Instructions and Notes: Use this timeline as a model to start a spring garden. Fill in dates and names in the grey spaces, as seen in the example below. To gain an understanding of what is involved in running a garden committee month-by-month throughout the year, check out our in-depth guide "A Year in the Life of a School Garden".

EXAMPLE TIMELINE

SEPTEMBER					
Task	Objective	Date and Time	Persons participating	Person Responsible	
Hold September planning meeting	Make yearly timeline and plan.		Full Committee		
Schedule additional professional development if necessary.	Teach teachers about basic gardening design and maintenance.		Teachers involved in garden program		

EXAMPLE MEETING AGENDA

Date: Time:

Location or Online:

Agenda

1. Review notes from last meeting

- 2. **Old business**—Updates from individual committee members
- 3. Important news from GrowNYC Education Newsletter and NYC Youth and School Gardens Google Group--have one committee member sign up and report each month.
- 4. **New business**—see "A Year in the Life of a School Garden" for recommended agenda items by month



WORKSHEET 7: Create and fill a class-use and maintenance schedule. These schedules can be updated weekly or as needed.

Instructions and Notes: Fill in the chart below, indicating which classes and/or volunteers will work in the garden.

Class Use

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Period 1							
Period 2							
Period 3							
Period 4							
Period 5							
Period 6							
Period 7							

Maintenance/Watering Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Person Responsible							



WORKSHEET 8: Find community partners and organizations who can donate resources.

Instructions and Notes: Visit local organizations. Share your material list and see how they can help.

Business Name:	Notes:
Address:	
Contact:	
Telephone Number:	
Email:	
Contribution:	
Business Name:	Notes:
Address:	
Contact:	
Telephone Number:	
Email:	
Contribution:	
Business Name:	Notes:
Address:	
Contact:	
Telephone Number:	
Email:	
Contribution:	
Business Name:	Notes:
Address:	
Contact:	
Telephone Number:	
Email:	
Contribution:	
Business Name:	Notes:
Address:	
Contact:	
Telephone Number:	
Email:	
Contribution:	
Business Name:	Notes:
Address:	
Contact:	
Telephone Number:	
Email:	
Contribution:	



Worksheet 9: Make a fundraising plan.

Instructions and Notes: Meet with your committee to fill out this worksheet. Have this meeting after you have completed your budget and received garden donations. Make sure to decide who will write each grant or spearhead each fundraising project.

How much money do we need to raise?	Notes:
How do we plan to fund the school garden?	Notes:
Are we going to apply for a grant? If so, for how much will we ask? What items will we request? Who will write the grant?	Notes:
Will we apply for other grants? Who will research grant opportunities? Who will write the grants?	Notes:
Create list of open grants with requirements and due dates.	Notes:
If we need more funds, what sort of fundraisers will we organize? Who will organize them? Check all that apply. Feel free to add your own ideas. ☐ Plant sale (Christmas, Mother's day, etc.) ☐ Fall pumpkin sale ☐ Walk-a-thon, Read-a-thon	Notes:

